

October 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<u>Breakfast</u> Sausage, Biscuit, Fruit, Juice, Milk <u>Lunch</u> Pinto Beans, Corn Bread, Spinach, Tri Tator, Fruit, Milk	<u>Breakfast</u> Honey Bun, Fruit, Milk, Juice <u>Lunch</u> Beef Stew, Salad, Crackers, Cheese, Fruit, Milk	<u>Breakfast</u> Cereal, Fruit, Juice, Milk <u>Lunch</u> CheeseBurger, Lettuce, Tomato,Pickle, Fruit, Milk	
7	8	9	10	11
<u>Breakfast</u> Breakfast Pizza, Fruit, Juice, Milk <u>Lunch</u> Chicken Strips, Green Beans, Tator Tots, Fruit, Milk	<u>Breakfast</u> Sausage, Biscuit, Fruit, Juice, Milk <u>Lunch</u> Beef Veg Stew, Cheese Bread, Pickle, Salad, Fruit, Milk	<u>Breakfast</u> Muffin, Fruit, Milk, Juice <u>Lunch</u> Chicken Fajita, Spinach Rice, Refried Beans, Salad, Fruit, Milk	<u>Breakfast</u> Cereal, Fruit, Juice, Milk <u>Lunch</u> BBQ Beef, Salad, Pickle, Fruit, Milk	
14	15	16	17	18
<u>Breakfast</u> Pancake/Stick, Fruit, Juice, Milk <u>Lunch</u> Burrito, Cheese Sauce, Fries, Carrots, Fruit, Milk	<u>Breakfast</u> Cereal, Fruit, Juice, Milk <u>Lunch</u> Hoagie, Green Salad, Tomatoes, Pickle, Fruit, Milk	FALL BREAK	FALL BREAK	FALL BREAK
21	22	23	24	25
<u>Breakfast</u> French Toast, Fruit, Juice, Milk <u>Lunch</u> Chicken Noodle Soup, Crakers, Cheese, Salad, Fruit, Milk	<u>Breakfast</u> Sausage, Biscuit, Fruit, Juice, Milk <u>Lunch</u> Soft Taco, Refried Beans, Salad, Rice, Fruit, Milk	<u>Breakfast</u> Honey Bun, Fruit, Milk, Juice <u>Lunch</u> Spaghetti, Garlic Bread, Black- eyed Peas, Fruit, Milk	<u>Breakfast</u> Cereal, Fruit, Juice, Milk <u>Lunch</u> Chicken Sandwich, Green Salad, Pickles, Fruit, Milk	<p>We offer five components at lunch, students must pick at least three.</p> <p>Menu subjected to change without notice.</p> <p>This institution is an equal opportunity provider</p>
28	29	30	31	
<u>Breakfast</u> Breakfast Pizza, Fruit, Juice, Milk <u>Lunch</u> BBQ Rib, Mashed Potatoes, Spinach, Roll, Fruit, Milk	<u>Breakfast</u> Sausage Biscuit Gravy Milk Juice <u>Lunch</u> Chicken Pot Pie, Carrots, Fruit, Milk	<u>Breakfast</u> Muffin, Fruit, Milk, Juice <u>Lunch</u> Beef Enchilada, Refried Beans, Salad, Rice, Fruit, Milk	<u>Breakfast</u> Cereal, Fruit, Juice, Milk <u>Lunch</u> Corn Dog, Tator Tots, Carrots, Fruit, Milk	